



Imperial Society of
Teachers of Dancing

Residential Summer Programme 2025

12–20 August



UNIVERSITY OF
CHICHESTER

Bishop Otter Campus, UK
College Lane, Chichester PO19 6PE

**Book
now**

Join us in August 2025 as we return to the University of Chichester for our Residential Summer Programme.

During Residential Summer Programme, delegates will have the opportunity to join courses led by our expert teaching teams, connect with other members from around the world, network with lecturers outside the studio and participate in additional morning and evening activities – all with meals and accommodation provided.

This event is ideal for all teachers, from the most experienced through to those still in training. Attending CPD courses is the best way to update your teaching practice and refresh yourself for the Autumn term.

New for 2025

- On Friday 15 and Saturday 16 August, you will have the opportunity to mix and match your course choices, meaning you can swap genres halfway through the day.
- Teachers will also have the opportunity to attend 'cross-genre' courses, focused on specific aspects of dance training which can apply to any dance style – such as stability, turns, warm-ups and much more.



Date	Genre	Course
Tuesday 12 August (Full day courses)	Cecchetti Classical Ballet	Advanced 1 and Advanced 2 Refresher
	Imperial Classical Ballet	Advanced 2 Refresher (Option A)
	National Dance	In Depth Revision of Grades to Intermediate (Day 1)
	Tap Dance	Advanced 1 (Day 1)
	Tap Dance	Advanced 1 (Day 1)
Wednesday 13 August (Full day courses)	Cecchetti Classical Ballet	Improvisation and Creating Exam Dances / Performance Awards Refresher
	Imperial Classical Ballet	Advanced 2 Refresher (Option B)
	National Dance	In Depth Revision of Grades to Intermediate (Day 2)
	Tap Dance	Advanced 1 (Day 2)
	Tap Dance	Advanced 1 (Day 2)
Thursday 14 August (Full day courses)	Cecchetti Classical Ballet	Intermediate and Intermediate Foundation Refresher
	Classical Greek	Advanced 1 and 2 Revision – with Fellowship Guidelines
	Cross-Genre	Training for Pre-Pointe, Pointe Work and Pirouettes (with Imperial Classical Ballet Lecturer)
	Imperial Classical Ballet	Option B: Set Enchaînement for Grades 3 to 6 / Intermediate and Advanced 1 Vocabulary
	Street Dance	Medal Test Training and Choreography Workshop
	Tap Dance	Advanced 1 Refresher

For full details regarding the contents of each course, please visit the **event page** for details.

* Please note that all course dates and times are stated in British Summer Time. Courses will include time for breaks; however, the exact timing of this break may vary from course to course.

Date	Genre	Course
Friday 15 August (Morning courses)	Classical Greek	Graded Syllabus Requests
	Cross-Genre	Developing Pointe Work for Vocational Levels (with Cecchetti Classical Ballet Lecturer)
	Imperial Classical Ballet	Intermediate Set Work (Option B)
	Imperial Classical Ballet	Dances and Set Variations from Primary to Grade 3
	Tap Dance	Grade 5 Tap Refresher – No Amalgamations
Friday 15 August (Afternoon courses)	Cecchetti Classical Ballet	An Exploration of Allegro and Pirouettes
	Classical Greek	Dance Medal Tests and Dance for Festivals
	Imperial Classical Ballet	Advanced 1 Set Work (Option B)
	Imperial Classical Ballet	Dances and Set Variations from Grades 4 to 6
	Tap Dance	Grade 6 Tap Refresher – No Amalgamations
Saturday 16 August (Morning courses)	Cecchetti Classical Ballet	Creative Ideas and Teaching Repertoire for Classical Ballet
	Cross-Genre	An Introduction to Exploring Improvisation Methods to Use Creatively with Your Students
	Imperial Classical Ballet	Grade 5 Set Work Refresher
	Modern Theatre	Advanced 1 Amalgamations
	Tap Dance	Advanced 1 Refresher
	Tap Dance	Grade 2 Refresher
Saturday 16 August (Afternoon courses)	Cecchetti Classical Ballet	Exploring Extracts from the Ballets with Cecchetti Diploma
	Cross-Genre	Using Creative Practice Within Technique Classes to Engage Learners
	Imperial Classical Ballet	Grade 6 Set Work Refresher
	Modern Theatre	Advanced 2 Amalgamations
	Tap Dance	Advanced 1 Refresher
	Tap Dance	Grade 3 Refresher

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Date	Genre	Course
Sunday 17 August (Full day courses)	Cecchetti Classical Ballet	Exploring Music for Classical Ballet/ Grade 5 and 6 Refresher
	Contemporary	Intermediate Foundation (Day 1)
	Imperial Classical Ballet	Advanced 1 (Option A) Set Work Refresher with Variation B
	Modern Theatre	Grades 3 and 6 Refresher
	Modern Theatre	Licentiate and Fellowship – Training Advanced 1 and 2 Students
	Tap Dance	Intermediate Refresher
Monday 18 August (Full day courses)	Contemporary	Intermediate Foundation (Day 2)
	Cross-Genre	Techniques for Enhancing Efficiency in Dance Training (Day 1)
	Modern Theatre	Musical Theatre Amalgamations Grades 4, 5 and 6 Refresher
	Modern Theatre	Developing Jazz Technique Through the Gold Jazz Award Syllabus
	Imperial Classical Ballet	Training Allegro Through the Grades and Examples of Free Enchaînement
	Tap Dance	Grade Refresher: Pre-Primary, Primary, Grade 1 and Grade 4
Tuesday 19 August (Full day courses)	Contemporary	Intermediate (Day 1)
	Cross Genre	Techniques for Enhancing Efficiency in Dance Training: (Day 2)
	Modern Theatre	Revise and Regenerate – Intermediate with Free Music (Day 1)
	Modern Theatre	Grade 4 Floorwork – Option A Body Strengthening and Option B Sequence
	Street Dance	Popping Intensive with Alex Mechanikool
Wednesday 20 August (Full day courses)	Contemporary	Intermediate (Day 2)
	Modern Theatre	Revise and Regenerate – Intermediate with Free Music (Day 2)
	Modern Theatre	Grade 5 Floorwork – Body Strengthening, Preparation for Falls and Floor Limbering

For full details regarding the contents of each course, please visit the **event page** for details.

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Further information

Residential delegates

Delegates staying residentially will be housed in the Chichester University student accommodation on campus. You will be allocated an ensuite room with access to a communal kitchen area. Please note that as this is student accommodation, amenities will be basic, and delegates are advised to keep this in mind. Residential rates include accommodation and an evening meal the night before

the course, breakfast, lunch, tea and coffee breaks, parking and course costs. Regrettably we cannot host delegates who wish to stay in accommodation beyond the end of their chosen course programme. Residential places are limited, so may sell out in advance of the event.

Day delegates

Teachers also have the option to attend this event as a day delegate. Day rates include lunch, tea and coffee breaks, parking and course costs.

Residential rates	Early Bird: Until 7 April	Standard: 7 April–4 July
Member	£184 per day	£200 per day
Provisional member	£169 per day	£184 per day
Non member	N/A	£250 per day

Day rates	Early Bird: Until 7 April	Standard: 7 April–4 July
Member	£120 per day	£136 per day
Provisional member	£105 per day	£120 per day
Non member	N/A	£186 per day

If delegates book by 7 April 2025, early bird discounts will be applied. After this period, prices will revert to standard pricing. The early bird discount is only available to members and provisional members, as a membership benefit.

Delegates will also have the option of payment via instalment plan. This payment option is available until 1 May 2025. After this period, attendees will need to pay the booking in full. All payments must be received by 4 July 2025. Please refer to the website for more information.





Mix and match courses: On Friday 15 and Saturday 16 August, you will have the opportunity to mix and match your course choices. Please note, delegates are still required to book and attend a full day's training (6 hours). So, you will have to pick an AM and PM course, across the genre options.

Course times: All courses will take place 9:45–17:30 British Summer Time (BST). Courses will include time for breaks. However, the exact timing of this break may vary from course to course.

Course descriptors: A full description for each course can be found on the ISTD website.

Lecturers: Course lecturers will be updated shortly on the website. In the instance of a change to availability, we may need to find an alternative lecturer (than the one originally scheduled) to lead a course. This will not affect the content covered in the course.

Closing dates: All bookings close on 4 July 2025. We strongly advise you to book early to avoid disappointment.

Waiting list: If a course you wish to attend has sold out, please contact us via email coursebookings@istd.org to be added onto the waiting list.

Terms and conditions: Please refer to our website for the full terms and conditions of your booking.

Further information: The most up-to-date information about this event will be on the ISTD website, so please check there for any updates.

If you have any further questions, please contact coursebookings@istd.org and a member of the team will get back to you.

Upcoming CPD: If you are unable join this event or are looking for more course options visit: www.istd.org/events