

**MODERN THEATRE
INTERMEDIATE FOUNDATION – BOYS FORMAT**

EXAMINATION FORMAT

General Important Notes

THE TEACHER MUST BE RESPONSIBLE FOR MAINTAINING SOCIAL DISTANCING AT ALL TIMES and BE COMPLIANT WITH ALL GOVERNMENT COVID-19 REGULATIONS.

- Exam groupings should be limited to the number of candidates that the studio space allows adhering to the ISTD maximum group formations for remote exams.
- The performance area in the studio should be marked out with tape, to ensure that the candidates remain fully within camera shot at all times.
- Teachers to ensure that candidates have access to water throughout the exam at appropriate times and within social distancing measures and in the designated areas.
- The teacher must be seated close to the camera, so they can be heard clearly whilst reading out the scripts and must remain fully/partially visible throughout the examination.
- The music operator/pianist is not required to remain within camera view.
- The music should not be played through the recording device and the speakers should be placed at a distance from the microphone/recording device.
- Each candidate is introduced individually and must hold up an A4 sheet clearly showing their full name (as they appear on the timetable) and PIN number close to the camera. The candidate should then move to the start position whilst on camera to commence the examination.
- Each candidate must have their timetable number pinned to the front of their dance wear so that they can always be easily identified by the examiner during the exam.
- When waiting to take turns, the candidate not dancing should wait, remaining in view, at their designated areas.
- During the examination, the teacher has the discretion to occasionally ask candidates to demonstrate an exercise again, but only if they feel that the candidates have made a very unexpected error or become distressed or confused by a mistake under examination conditions. It will be at the discretion of the examiner to mark any 'second try' and the overall time allowance for the examination must be adhered to.
- If there are multi candidates, then please ensure that when performing any exercise individually that the same candidate is NOT always the same candidate to be first. Therefore, try to ensure there is a rotation of who dances as candidate number 1, 2 or 3.
- Teacher to maintain an engaging atmosphere and encourage the candidates throughout the examination.
- All set work delivered by teacher as in the syllabus notes.

PREPARTORY & LIMBERING EXERCISES

After each exercise, a moment is given to the candidate/s to catch their breath and to replace themselves in the studio space for the next exercise.

Teacher can re-space the candidate/s in between exercises if they are out of camera shot or not within social distancing measures

WARM UP

TOGETHER

BASIC STRETCHES

TOGETHER

FOOT CONTROL	TOGETHER
FLOOR WORK	
<ul style="list-style-type: none"> • After each exercise, a moment is given to the candidate/s to catch their breath and to replace themselves on the studio floor for the next exercise. • Teacher can re-space the candidate/s if they are out of camera shot or not within social distancing parameters • If there are multiple candidates and exercises are performed as solos, then allow the other candidate/s not dancing, to wait quietly at the side of the studio in the designated area 	
CONTRACTION & ABDOMINAL	INDIVIDUALLY
LEG STRETCHING	INDIVIDUALLY
BOYS FLOOR SEQUENCE	INDIVIDUALLY
<ul style="list-style-type: none"> • After the candidate/s have completed their floor sequence please allow a couple of minutes for the candidates own stretch (without music) 	
ISOLATIONS	
ISOLATIONS - A & B	INDIVIDUALLY
ARMS	
ARM EXERCISE	INDIVIDUALLY
SET RHYTHM	
SET RHYTHM (A or B)	INDIVIDUALLY
<ul style="list-style-type: none"> • Teacher's choice of A or B • Candidates must clap and count the chosen rhythm individually twice through • Following this, candidates perform the development of the chosen rhythm individually <ul style="list-style-type: none"> a. 5/4 1& -&345, 1&23&45, 1& -&345, 1_4&5 b. 3/4 123, 1&a23, 1& -&3, 1_ 	
FREE RHYTHM	
FREE RHYTHM	INDIVIDUALLY
<ul style="list-style-type: none"> • Teacher to give the free rhythm from the list provided by the Exams Department. • These rhythms will not exceed 2 bars of 4/4, and will include note values up to and including 12ths and missed beats • Teacher to use the Set Music • Teacher to ensure that the rhythm is given with clear instructions bar by bar • Once secure, candidate/s to clap and mark the free rhythm individually twice through 	

<ul style="list-style-type: none"> Following this, allow the candidates to practice with the music their development of the marking into travelling steps on the diagonal. Once the candidate is secure in their development of this rhythm: perform this individually 4 times through. 	
COMBINATIONS STEPS	
<ul style="list-style-type: none"> Teachers may use free or set music in the examination for all combination steps If there are multiple candidates, then ensure that the second and third candidate are ready to come in one after another with the music BUT maintaining social distancing measures. 	
JUMP WARM-UP	TOGETHER
DRAG TURNS	INDIVIDUALLY – repeat 4 times (R L R L)
TRAVELLING JUMP	INDIVIDUALLY – R & L
CIRCULAR SPRING	INDIVIDUALLY – R, L, R L
JAZZ CHANGE OF WEIGHT	INDIVIDUALLY – repeat twice (R & L)
<ul style="list-style-type: none"> If there are multiple candidates, then each to begin from the start of the music rather than running in midway through the music. 	
ELEVATED SEQUENCE	INDIVIDUALLY
SET AMALGAMATION	
SET AMALGAMATION - JAZZ	INDIVIDUALLY
<ul style="list-style-type: none"> Candidate can mark this through with the music first if required 	
FREE AMALGAMATION	
FREE AMALGAMATION	INDIVIDUALLY
<ul style="list-style-type: none"> Teacher to choose a free piece of music from the playlist provided by the Exams Department The teacher to teach the free arrangement provided by the Exams Department This is not to be pre-taught. Allow the candidates to listen to the chosen piece of music for approx. 1 minute first Give clear concise instructions when teaching each bar/phrase. Once candidates have the structure of the steps and patterns, allow 2 minutes for practice with the music before performing individually. Allow time for a water break after this free amalgamation if required 	
DANCE	
DANCE	INDIVIDUALLY
<ul style="list-style-type: none"> Teacher's arrangement not to exceed 1min 30seconds Allow candidate to mark through their dance with the music first if required 	
BOW	



BOW

TOGETHER

- This is without music
- Candidates to thank their teacher, and music operator
- Candidates to exit the studio fully before the filming is finished.