

**MODERN THEATRE
GRADE 3 – BOYS FORMAT**

EXAMINATION FORMAT

General Important Notes

THE TEACHER MUST BE RESPONSIBLE FOR MAINTAINING SOCIAL DISTANCING AT ALL TIMES and BE COMPLIANT WITH ALL GOVERNMENT COVID-19 REGULATIONS.

- Exam groupings should be limited to the number of candidates that the studio space allows adhering to the ISTD maximum group formations for remote exams.
- The performance area in the studio should be marked out with tape, to ensure that the candidates remain fully within camera shot at all times.
- Teachers to ensure that candidates have access to water throughout the exam at appropriate times and within social distancing measures and in the designated areas.
- The teacher must be seated close to the camera, so they can be heard clearly whilst reading out the scripts and must remain fully/partially visible throughout the examination.
- The music operator/pianist is not required to remain within camera view.
- The music should not be played through the recording device and the speakers should be placed at a distance from the microphone/recording device.
- Each candidate is introduced individually and must hold up an A4 sheet clearly showing their full name (as they appear on the timetable) and PIN number close to the camera. The candidate should then move to the start position whilst on camera to commence the examination.
- Each candidate must have their timetable number pinned to the front of their dance wear so that they can always be easily identified by the examiner during the exam.
- When waiting to take turns, the candidate not dancing should wait, remaining in view, at their designated areas.
- During the examination, the teacher has the discretion to occasionally ask candidates to demonstrate an exercise again, but only if they feel that the candidates have made a very unexpected error or become distressed or confused by a mistake under examination conditions. It will be at the discretion of the examiner to mark any 'second try' and the overall time allowance for the examination must be adhered to.
- If there are multi candidates, then please ensure that when performing any exercise individually that the same candidate is NOT always the same candidate to be first. Therefore, try to ensure there is a rotation of who dances as candidate number 1, 2 or 3.
- Teacher to maintain an engaging atmosphere and encourage the candidates throughout the examination.
- All set work delivered by teacher as in the syllabus notes.

PREPARTORY & LIMBERING EXERCISES

After each exercise, a moment is given to the candidate/s to catch their breath and to replace themselves in the studio space for the next exercise.

Teacher can re-space the candidate/s in between exercises if they are out of camera shot or not within social distancing measures

WARM UP

TOGETHER

BOYS SIDE STRETCH

INDIVIDUALLY

FORWARD STRETCH	INDIVIDUALLY
<ul style="list-style-type: none"> If there are multiple candidates, each individual to perform the set exercise twice through, the second candidate to continue on with the music from the first candidate. The music would need to be restarted for the third candidate. 	
ABDOMINAL EXERCISE	TOGETHER
LEG STRETCHING & FRONT KICKS EXERCISE	TOGETHER (use all music)
<ul style="list-style-type: none"> If there are multi candidates, please allow two candidates to perform together with the third candidate performing as an individual If there are multi candidates, then allow the other candidate/s not performing to stand at the side at an appropriate distance from the other candidate/s performing 	
PRESS UPS EXERCISE	INDIVIDUALLY
<ul style="list-style-type: none"> If there are multi candidates, then allow the other candidate/s not performing to stand at the side at an appropriate distance from the other candidate/s performing Give 2minutes to the candidates to stretch on the floor. Allow time for a water if required 	
TENDUS	INDIVIDUALLY
CENTRE EXERCISES	
BOYS ARM EXERCISE	INDIVIDUALLY
ISOLATIONS	INDIVIDUALLY
<ul style="list-style-type: none"> If there are multi candidates, then allow the other candidate/s not performing to stand at the side at an appropriate distance from the other candidate/s performing 	
FREE RHYTHM	
<ul style="list-style-type: none"> Teacher to choose the free rhythm from the list given by the Exams Department. Set music to be used. Rhythm can include whole, half, quarter and accented and even eights of which 1 whole bar will be either even or accented eighth notes. Teacher to ensure that the rhythm is given with clear instructions bar by bar. Once the candidates are secure then teachers to refrain from clapping. Teacher to ask the candidate/s to clap & mark this together with the music in order that it is secure. Candidate/s to clap and mark this twice individually with the music. If there are multiple candidates leave the music on for the second candidate clap and mark the rhythm. 	
SET RHYTHM	
<ul style="list-style-type: none"> Candidates to clap through the set rhythm twice without the music and then clap individually. Candidate/s to practice their dance development in the space as choreographed by the teacher Teacher to refrain from clapping whilst the candidates are performing 	



- If there are multiple candidates, then the second/third candidate be ready to perform one after another with the music, maintaining social distancing measures dependent on the studio size.

DANCE MOVEMENTS

TRIPLE RUNS

INDIVIDUALLY – R, L, R & L

- Candidates to perform this 4 times through on the R & L
- If there are multiple candidates, then the second/third candidate be ready to perform one after another with the music, maintaining social distancing measures dependent on the studio size.

BOYS TURNS

INDIVIDUALLY

- Candidates to perform the Turns exercise 4 times through, on the R and L.
- If there are multiple candidates, then the second/third candidate be ready to perform one after another with the music, maintaining social distancing measures dependent on the studio size.

FOOT WARM UP

TOGETHER (use all music)

BOYS SPLIT RUNS

INDIVIDUALLY

- If there are multiple candidates, then the second/third candidate be ready to perform one after another with the music, maintaining social distancing measures dependent on the studio size.

COMBINATION STEPS

INDIVIDUALLY

- If there are multiple candidates, then please can the teacher keep the music on in order that the candidates can perform one after the other with the music, ensuring social distancing measures
- Male candidates must show either A,B or C combination steps PLUS combination step D, danced consecutively on one side only.
- Teachers may use free or set music for the combination steps in the examination
- Allow time for a water break after the combination steps.

FORWARD ROLL OVER – OPTIONAL

- If shown a mat should be used

SET AMALGAMATION

INDIVIDUALLY

- Candidate's choice of one of the following: Jazz, Lyrical or The Search

DANCE

INDIVIDUALLY

- Teacher's arrangement not to exceed 1minute
- Candidate/s may mark through their dance with the music first if necessary.

BOW

TOGETHER

- This is with set music
- Candidates to thank their teacher, music and camera operator after the bow
- Candidates to exit the studio fully before the filming is finished.