

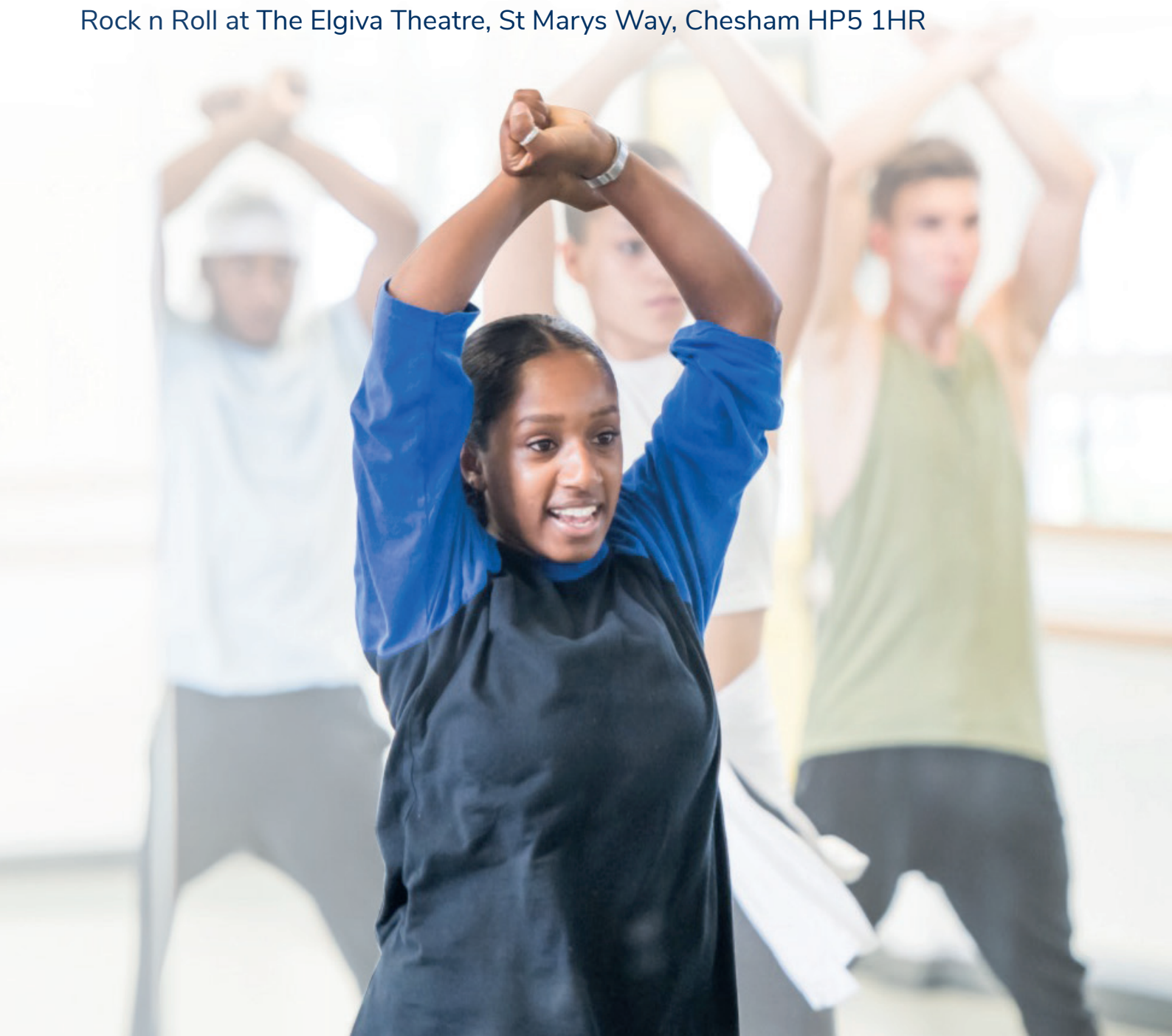


Imperial Society of Teachers of Dancing
Disco Freestyle, Rock n Roll

ISTD celebrating
120 years

Dance Exchange 2024

Sunday 15 September – don't miss Dance Exchange's full-day CPD workshops and inspiring lectures on Disco Freestyle, Street Dance, and Rock n Roll at The Elgiva Theatre, St Marys Way, Chesham HP5 1HR





Dance Exchange 2024

Sunday 15 September

- Don't miss the chance to network with other teachers
- Receive advice directly from the DFR Faculty committee
- Discounted purchase on the DFR Set Dances 2025
- Celebrate dancing in a live venue

Early bird rates before 31 July

Members £50

Student teachers £55

Non-members £60

Standard rates from 1 August

Members £60

Student teachers £65

Non-members £70

For more information, please visit our website www.istd.org/events/dance-exchange-2024 or email us at df@istd.org

Timetable Doors open 08:45

Time	Lecture title	Lecturer
09:15	Warm-Up	Katy Lark
09:30	Beginner Hip Hop	Vikki Stavrinou
10:00	Grades 1–3	Joanna Bevan
10:45	Rock n Roll	Maria Howse
11:15	Bronze – Silver Pairs – Making the Connection	Amy Lewis
11:45	Hip Hop	Vikki Stavrinou
12:30	Dancer and Dance Teachers Wellbeing	Kim Rogers
13:00	Lunch	Lunch
13:45	Teaching Tips and Progression for Medallists	Paul Streatfield
14:30	Dynamic Stretch	Katy Lark
15:00	Solid Socials	Amy Morrison
15:30	Set Dance Presentation	Maria Howse
16:00	Cool Down	Katy Lark