

BLS Medallist Series 2025/26

The Modern Ballroom, Latin American and Sequence faculties are pleased to welcome you to the 2025/26 BLS Medallist Series.

More information can be found online at www.istd.org/events



Ballroom	Dance	Categories							
Student/Teacher Events									
Newcomers	Waltz	U8	U12	U16	16-25	26-40	41-64	65+	
U6	Waltz	U6							
U8	Waltz	U8							
SDT	Waltz	U10	U12	U14	U16	16-25	26-40	41-64	65+
PBDT	Quickstep	U10	U12	U14	U16	16-25	26-40	41-64	65+
Bronze	Tango	U12	U14	U16	16-25	26-40	41-64	65+	
Silver & above	Foxtrot	U12							
Silver	Foxtrot	U16	16-25	26-40	41-64	65+			
Gold	Viennese Waltz	U16	16-25	26-40	41-64	65+			
Gold Star & Awards	Quickstep	U16	16-25	26-40	41-64	65+			
Couples Events									
U8	Waltz	U8							
Up to Bronze	Quickstep	U12	U16	16 & over	41-64	65+			
Silver & above	Foxtrot	U12	U16	16 & over					

Latin	Dance	Categories							
Student/Teacher Events									
Newcomers	Cha Cha Cha	U8	U12	U16	16-25	26-40	41-64	65+	
U6	Cha Cha Cha	U6							
U8	Rumba	U8							
SDT	Cha Cha Cha	U10	U12	U14	U16	16-25	26-40	41-64	65+
PBDT	Paso Doble*	U10	U12	U14	U16	16-25	26-40	41-64	65+
Bronze	Jive	U12	U14	U16	16-25	26-40	41-64	65+	
Silver & above	Rumba	U12							
Silver	Rumba	U16	16-25	26-40	41-64	65+			
Gold	Jive	U16	16-25	26-40	41-64	65+			
Gold Star & Awards	Cha Cha Cha	U16	16-25	26-40	41-64	65+			
Couples Events									
U8	Cha Cha Cha	U8							
Up to Bronze	Rumba	U12	U16	Adults					
Silver & above	Jive	U12	U16	Adults					

*8 beat phrasing music will be used for Paso Doble

Sequence	Dance	Categories
Student/Teacher Events		
Newcomers	8 Bar Veleta	U12
Newcomers	Veleta	U16
Newcomers	Veleta	Adults
All Grades	8 Bar Fylde Waltz	U8
All Grades	Fylde Waltz	U12
All Grades	La Mascotte	U16
All Grades	Diamond Jubilee Two Step	Adults